

# Preventing Diaper Rash

1. Keep the diaper area clean and dry—change your baby’s diaper as soon as possible after it becomes soiled
2. When changing your baby’s diaper, thoroughly clean his bottom using warm water and cotton ball.
3. Pat his skin dry before putting on a clean diaper
4. If a rash develops, use plain water to cleanse, keep the area dry & use cotton triangles for 5 days to heal. Use diaper during your sleeping hours
5. Use a thick layer of petroleum jelly or a diaper ointment on irritated skin to protect and promote healing
6. Pls don’t use wet tissues or baby wipes as the chemicals themselves can cause diaper rash.

